



Chair Massage Program Information

According to a 2000 study, nearly 1 million employees are out sick due to stress every day. On top of that:

62 percent routinely find that they end the day with work-related neck pain, 44 percent reported stressed-out eyes, 38 percent complained of hurting hands and 34 percent reported difficulty in sleeping because they were too stressed-out

19 percent or almost one in five respondents had quit a previous position because of job stress

26 percent of workers said they were "often or very often burned out or stressed by their work"

Job stress is more strongly associated with health complaints than financial or family problems.

*- See more at:
<http://www.stress.org/workplace-stress/#sthash.SPqUyvVX.dpuf>*

Chair massage is an extremely rewarding and gracious approach to showing employees just how much a company appreciates their hard work. Not only is it a relaxing experience, it can make a significant impact on mental outlook, productivity and motivation.

We are happy to come to your events and provide immediate stress relief and enduring physical relief from repetitive workplace tasks. Seated chair massage is performed over clothes for 5 minutes to 20 minutes per person. Details can be determined and specifically coordinated for each individual event to properly accommodate your needs.

HOW TO ARRANGE: first determine a few things. How many people will take advantage of this? How long would you like the provided massage to last per individual? Based on that we can determine how many therapists and hours are needed.

NOTICE NEEDED: at least two weeks notice is requested to coordinate an event and ensure availability.

COST: \$70/hour, time minimum may apply
(price shown is per therapist)

Simply contact us by email or phone using the information below if you have further questions or would like to move forward with coordinating an event!